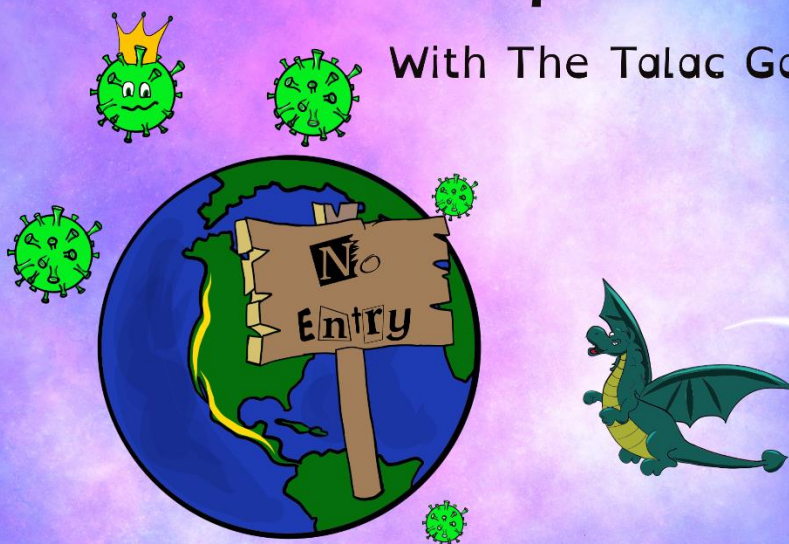


How to Be a COVID-19 Superhero

With The Talac Gang



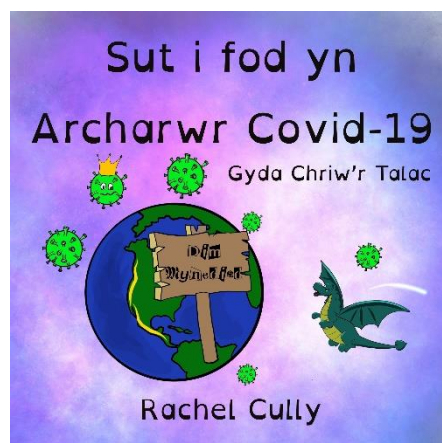
Rachel Cully

Maths, literacy and well-being activities to help your learners make sense of the COVID-19 virus and how it has changed their world.

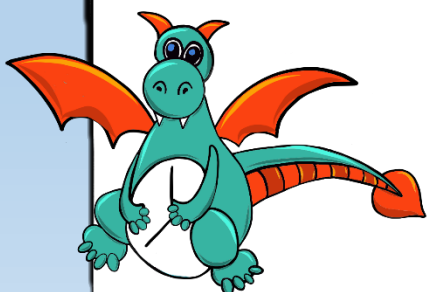
All activities are linked to the 'How to be a Covid-19 superhero – with The Talac Gang' picture book free to read at

<https://www.cullyeducation.co.uk/how-to-be-a-covid19-superhero>

Also available in Welsh



Rachel Cully

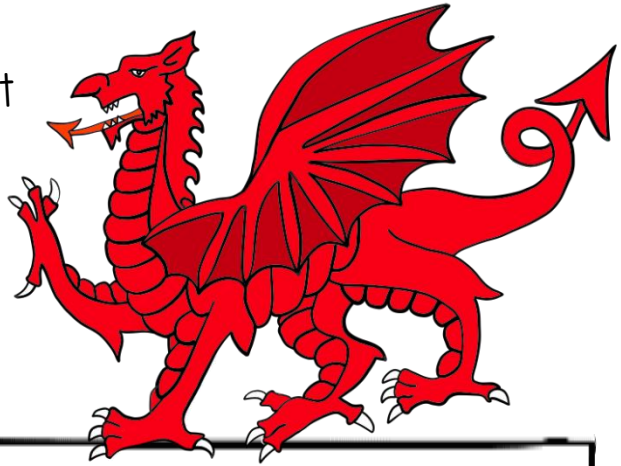


www.cullyeducation.co.uk

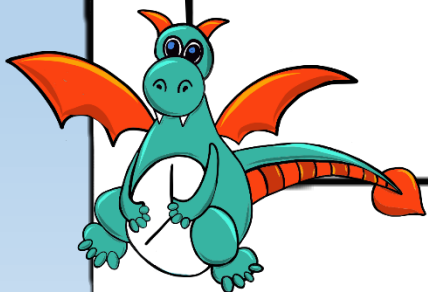


Expressions of Time

In the story, Draig Goch says that time seems to be important to humans **at the moment...** How many other commonly-used expressions of time can you list?



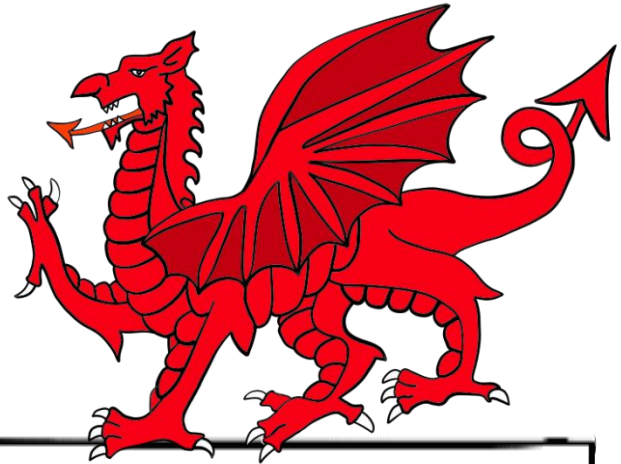
My Expressions of Time



Expressions of Time

Stuck for ideas?

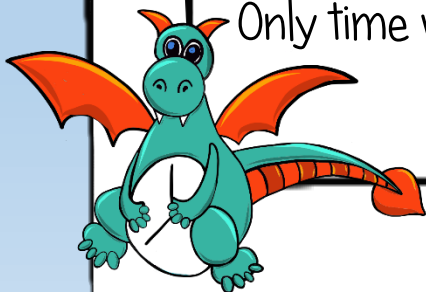
Here are some suggestions.



My Expressions of Time

As time goes by
Behind the times
Serve time
Have the time of your life
In the nick of time
Make time
Pass the time
Race against time
Short of time
Time after time
Time is money
Only time will tell

Ahead of time
By the time
For the time being
High time
Just in time
Matter of time
Pressed for time
Save time
Stand the test of time
Time flies
Time is ripe
A waste time

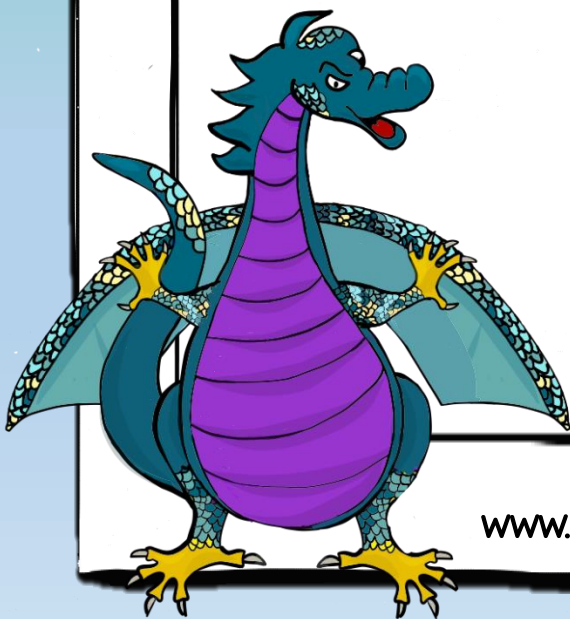


Rainbow Socks

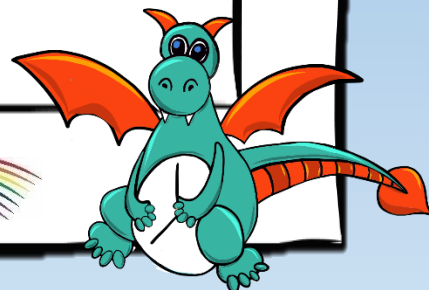
In the story, Dwbl suggests wearing special socks to mark the days.
Why do you think she suggests rainbow socks for a Thursday?
What else could you do to mark the occasion?



How will you 'Clap for Carers'?



www.cullyeducation.co.uk



Hello from around the world!

Oops, the flags have got mixed up!
Can you match the correct flag to the correct hello?



Ciao

Helô

Salut

Shalom

Hej

Selam



What's in a name?



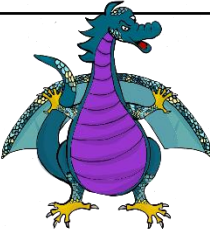
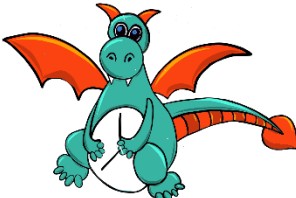


The dragons are originally from Wales and have Welsh names.
Can you match each dragon to the meaning of their name?

Dragon	Name	Meaning
	Dwbl	
	Siâp	
	Mesur	
	Amser	
	Amcangyfrif	
	Draig Goch	



What's in a name? **Answers**

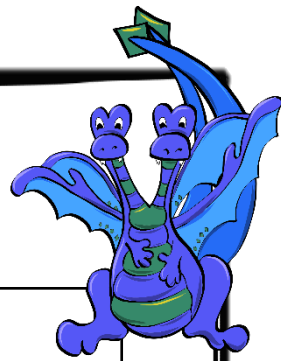
The dragons are originally from Wales and have Welsh names.
Can you match each dragon to the meaning of their name?

Dragon	Name	Meaning
	Dwbl	double
	Siâp	shape
	Mesur	measuring
	Amser	time
	Amcangyrfrif	estimating
	Draig Goch	red dragon



Where in the world?

Can you find out which country each flag represents?

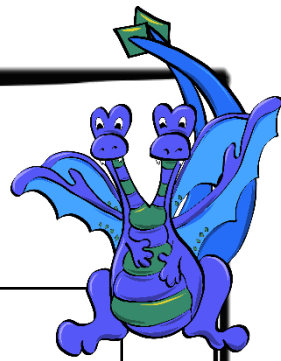


	Helô	
	Salut	
	Selam	
	Hej	
	Shalom	
	Ciao	
		



Where in the world?

Answers



	Helô	Wales
	Salut	France
	Selam	Turkey
	Hej	Denmark
	Shalom	Israel
	Ciao	Italy
	    	United Kingdom



Hello...

Find out how to say hello in different countries. Draw the country's flag.



Flag	Country	Hello



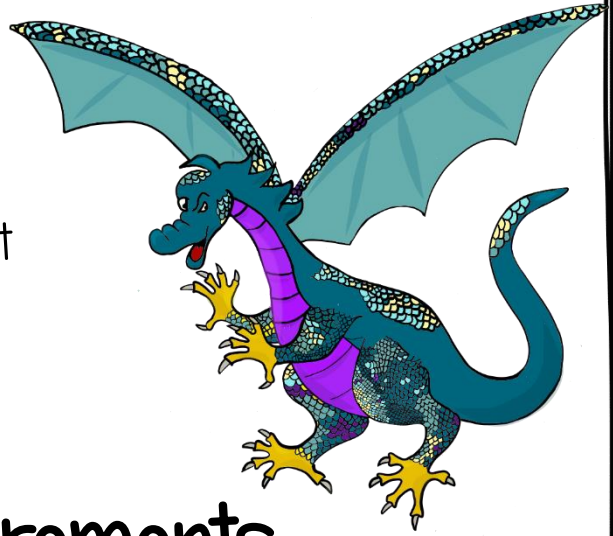
How wide is your car?

The width of a large car is approximately 2m.

How wide is your car?

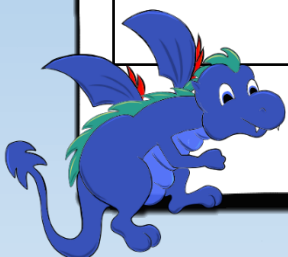
How many cars can you find that measure 2m wide?

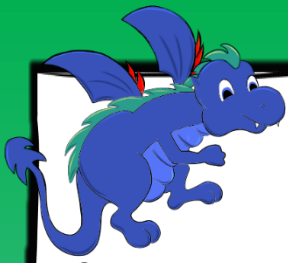
If you don't have anything to measure with, you can use body estimation



Car Measurements

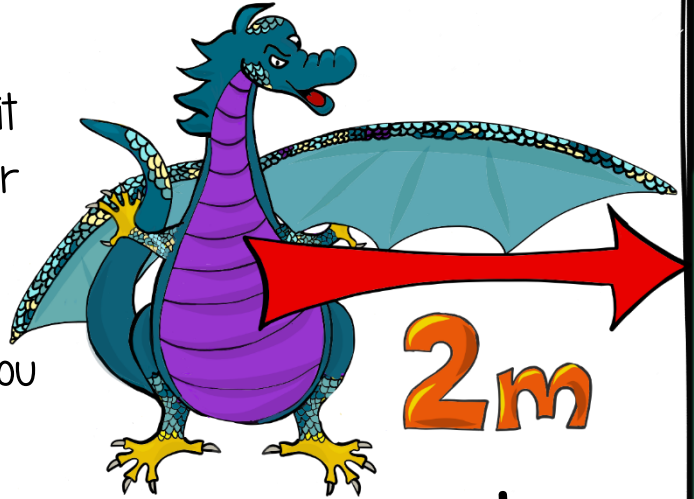
Car	Estimate width	Measure width





Body Estimator

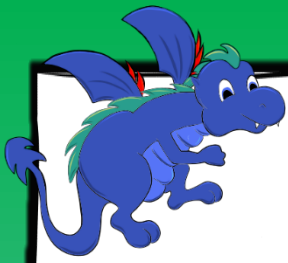
Sometimes we don't have anything to measure with so it can be really useful to use our bodies to estimate. Below are some average adult body part measurements to help you estimate.



Average body measurements

Body Part	Measures
Hand width	10 cm
Hand span	20 cm
Length of middle finger	10 cm
Width of little finger	1 cm
Width of thumb	2 cm
Elbow to fingertip	45 cm
Nose to fingertip	90 cm
Foot length	25 cm





Body Estimator

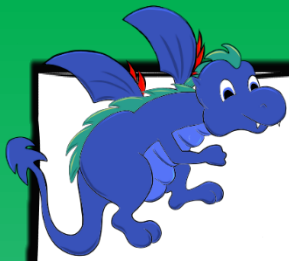
If you want to be really accurate, measure your own body parts and you will always have a fairly accurate ruler close by.



My body measurements

Body Part	Measures
Hand width	
Hand span	
Length of middle finger	
Width of little finger	
Width of thumb	
Elbow to fingertip	
Nose to fingertip	
Foot length	





Body Estimator

Choose some objects around the house or on your daily walk. Estimate what you think the measurement is, then check with your body.



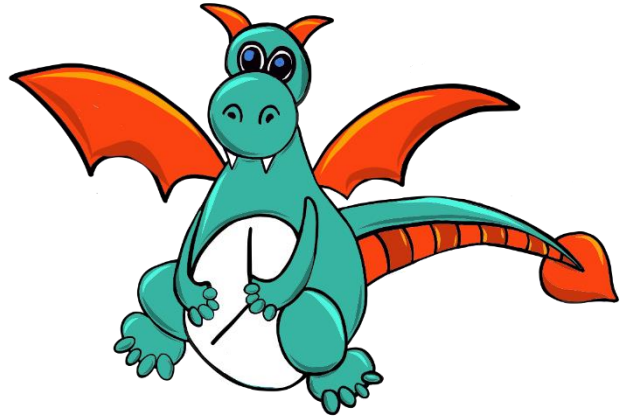
My Measurements

Object	Estimate	Measures



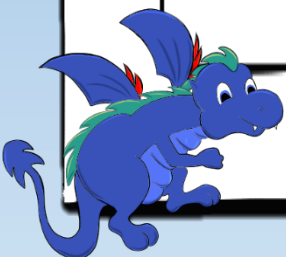
Just 20 seconds?

Can you find your own ways to
count 20 seconds accurately?
Who can find the most accurate
way to count 20 seconds?
Is it always accurate?
Do you have any tips for making
it accurate?



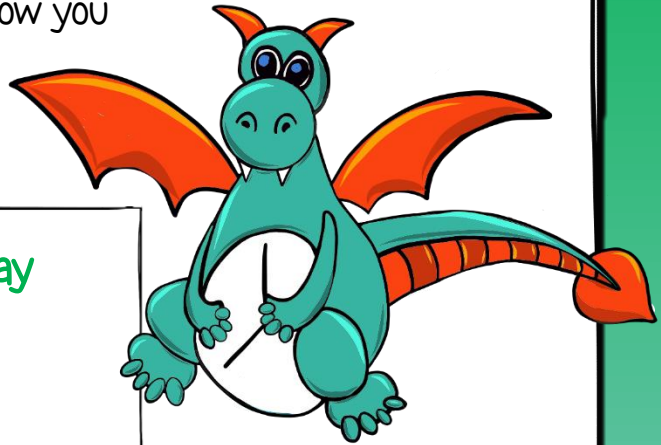
My way to count 20 seconds

Top Tip



Keeping Track of Time

Do you know what day it is? Decide how you are going to keep track of the days. Keep a record.



Sunday

Monday

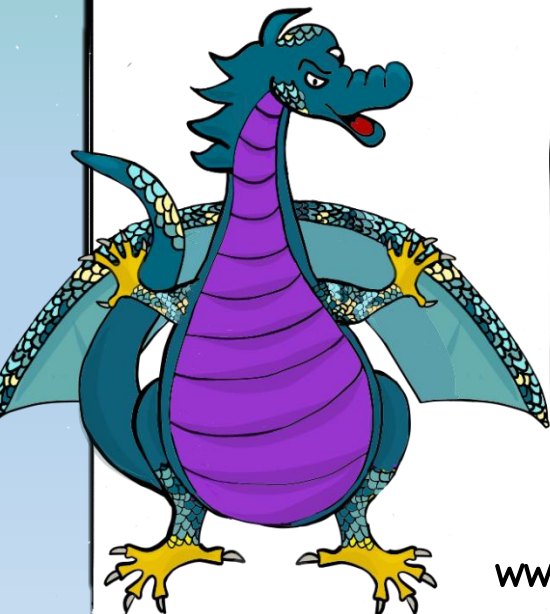
Tuesday

Wednesday

Thursday

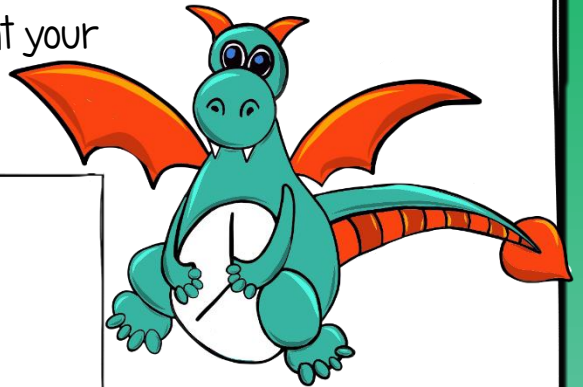
Friday

Saturday



Feeling Grateful

Think of something every day that you are grateful for. Keep a record. Look back at your list whenever you are feeling blue.



Sunday

Monday

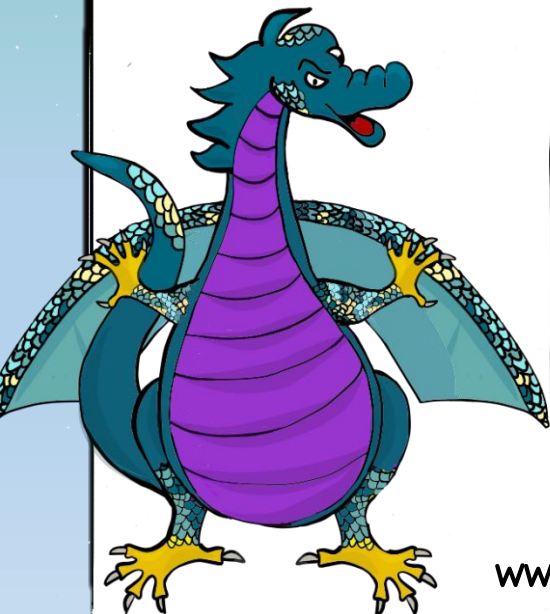
Tuesday

Wednesday

Thursday

Friday

Saturday

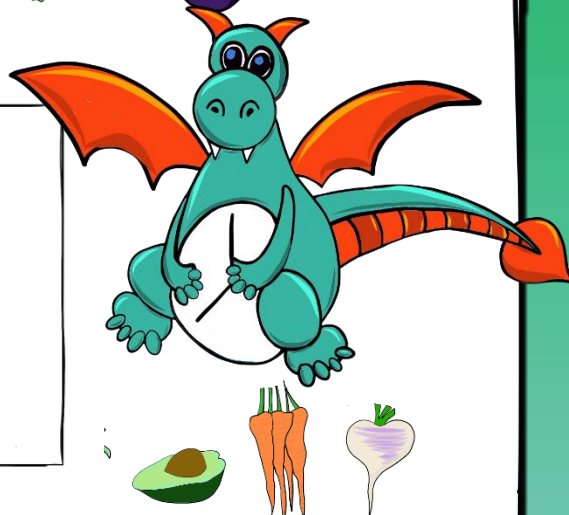


The Vegetable Challenge

Can you eat a different vegetable every day?

Why not try out some new vegetables too?

Keep a record of the vegetables you try.



Sunday

Monday

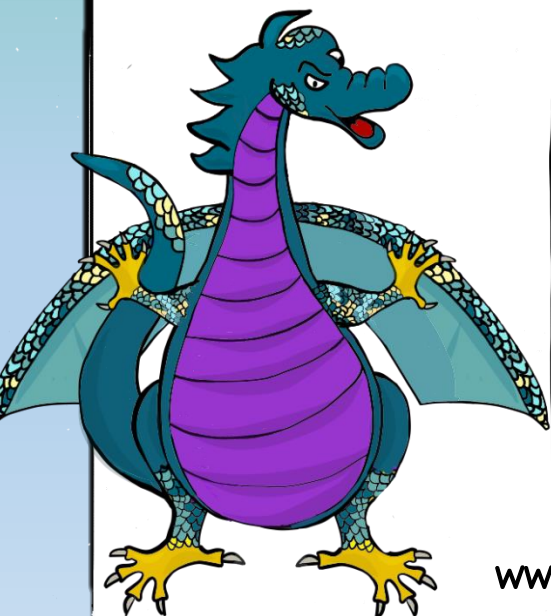
Tuesday

Wednesday

Thursday

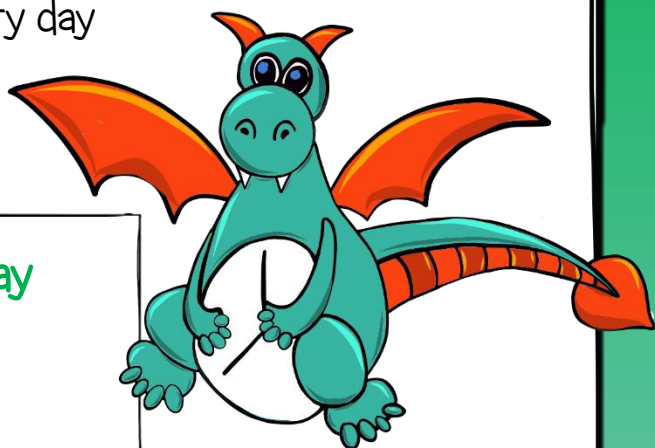
Friday

Saturday



Look after yourself

Think of something you could do every day
that will make you feel good



Sunday

Monday

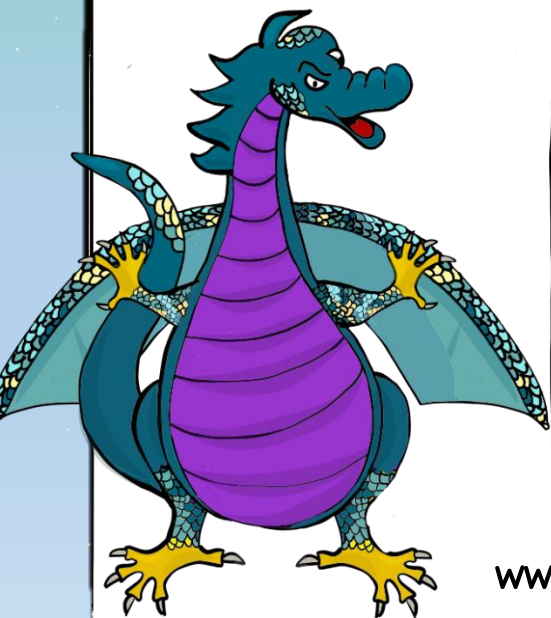
Tuesday

Wednesday

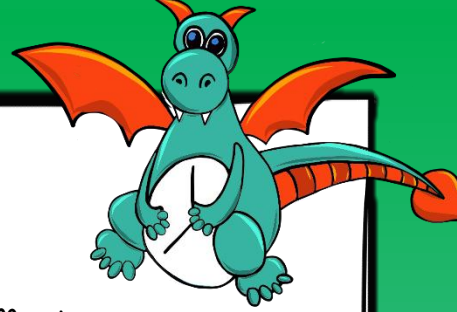
Thursday

Friday

Saturday



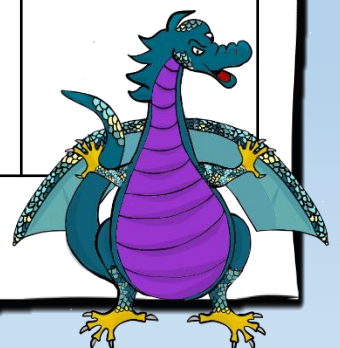
Happy Birthday



Find out who was born on this day. Keep a record. Maybe you could sing happy birthday to them while you wash your hands!

Month:

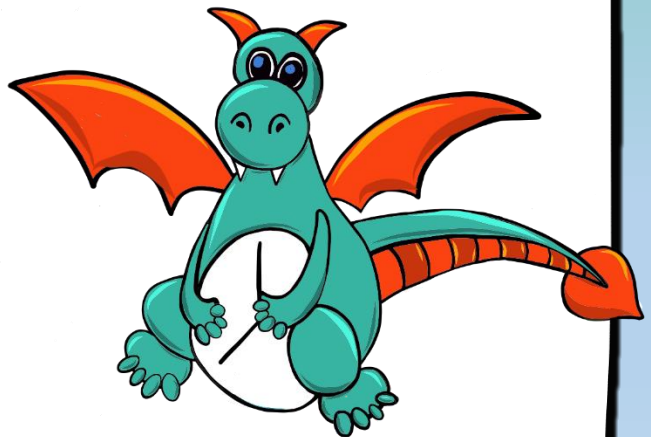
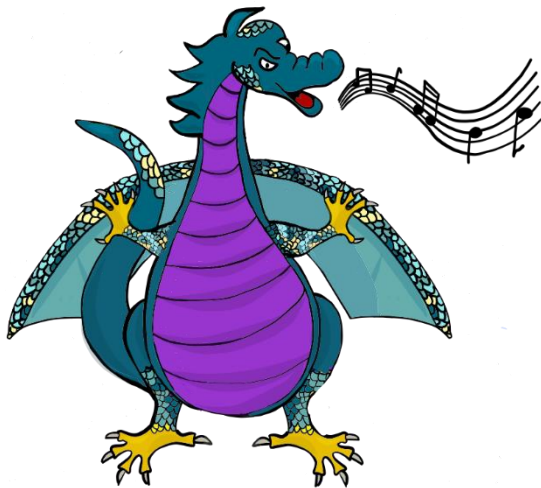
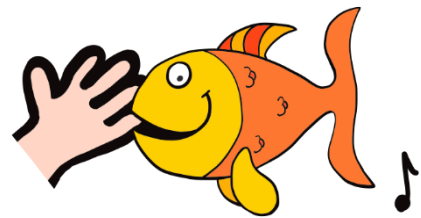
		1	2	3
4	5	6	7	8
9	10	11	12	13
14	15	16	17	18
19	20	21	22	23
24	25	26	27	28
29	30	31		



1, 2, 3, 4, 5, Once I Caught a Fish Alive

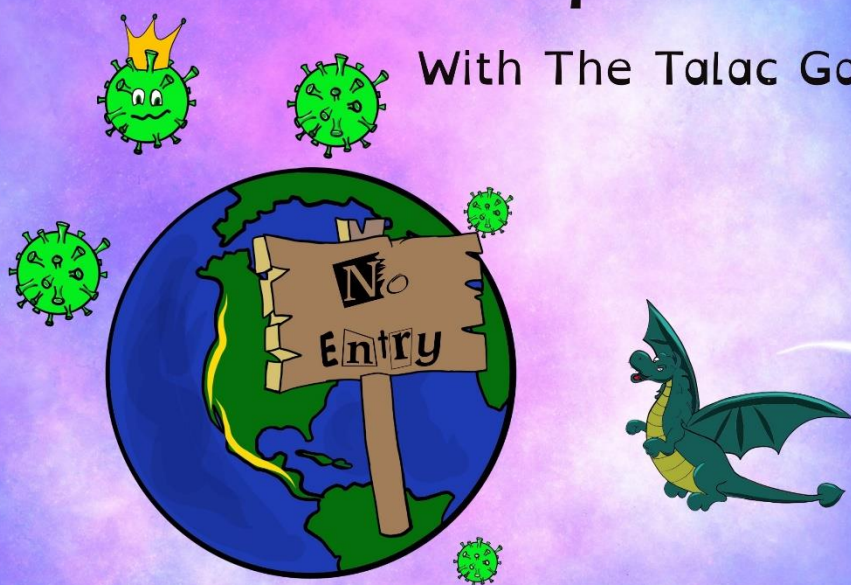


One, Two, Three, Four, Five,
Once I caught a fish alive,
Six, Seven, Eight, Nine, Ten,
Then I let him go again.
Why did you let him go?
Because he bit my finger so.
Which finger did he bite?
This little finger on my right!.



How to Be a COVID-19 Superhero

With The Talac Gang



Rachel Cully

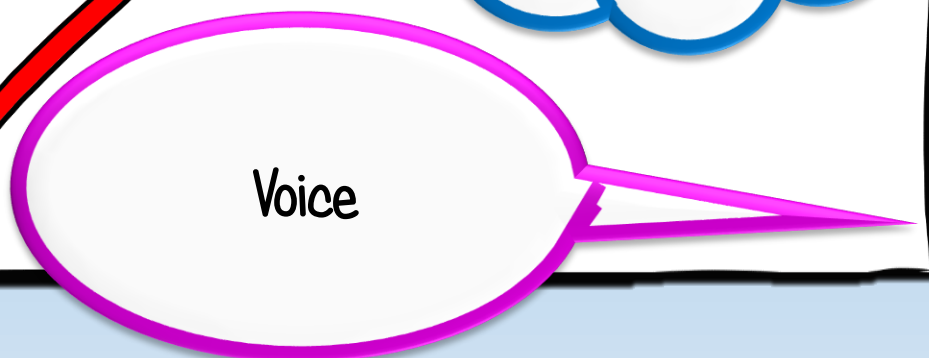
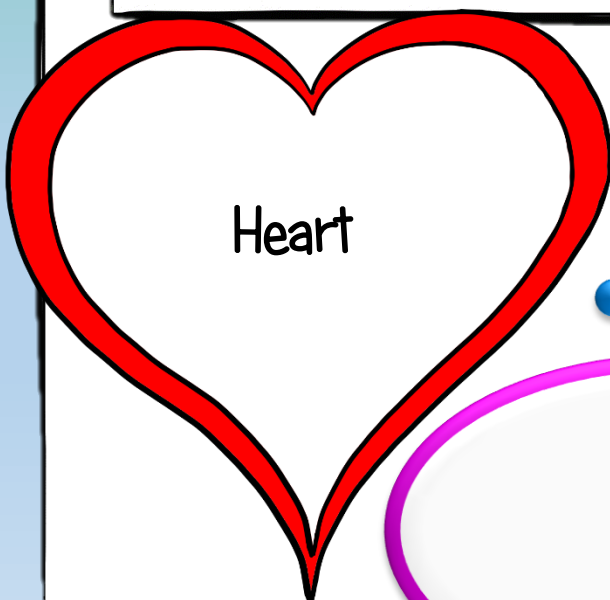
Hearts, Minds and Voices

A simple strategy to develop understanding of characters.



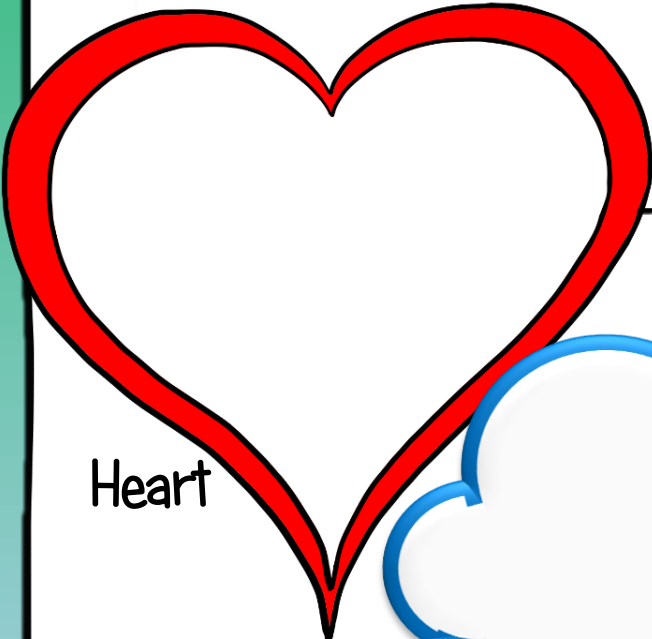
Hearts, Minds and Voices

- ❖ 'Hearts, Minds and Voices' is a strategy to encourage learners to consider what characters are thinking; how they are feeling; and what they might say at different points in the story. Learners put what they think characters are feeling in the heart, what they are feeling in the mind cloud and what they say in the voice speech bubble.
- ❖ It helps learners to understand that what a character says may be different to what they are thinking or feeling.
- ❖ 'Hearts, Minds and Voices' can be used to further develop understanding of characters by considering how they might act, think and feel in situations outside of the story.
- ❖ 'Hearts, Minds and Voices' can be used to discuss characters in reading or to develop characters in drama or writing.
- ❖ It is great for developing vocabulary in other languages too!



Scene

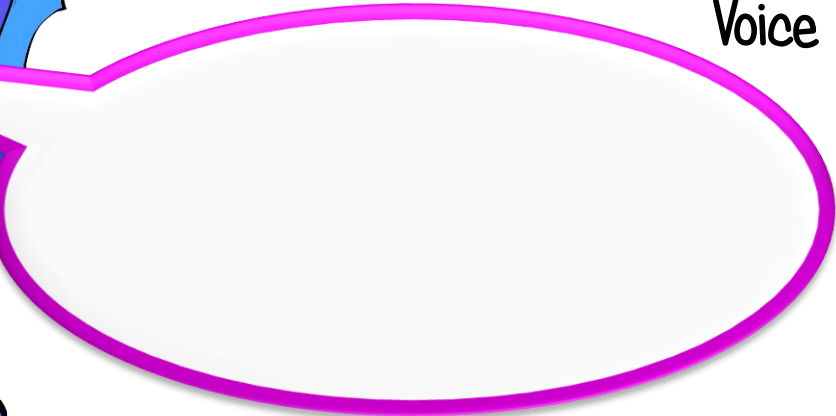
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Heart



Mind



Voice

Scene



Mind

Heart

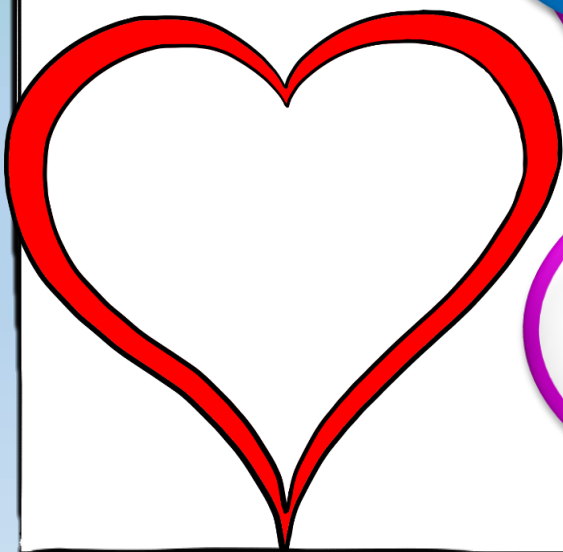
Voice

Scene



Mind

Heart



Voice



Scene

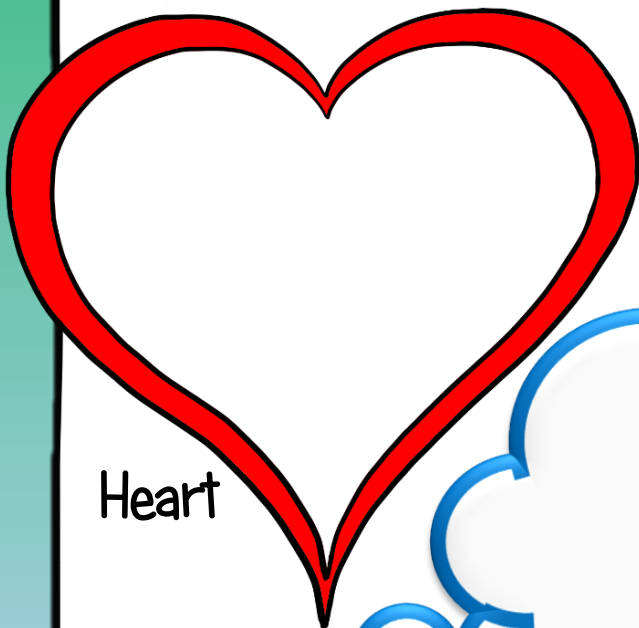
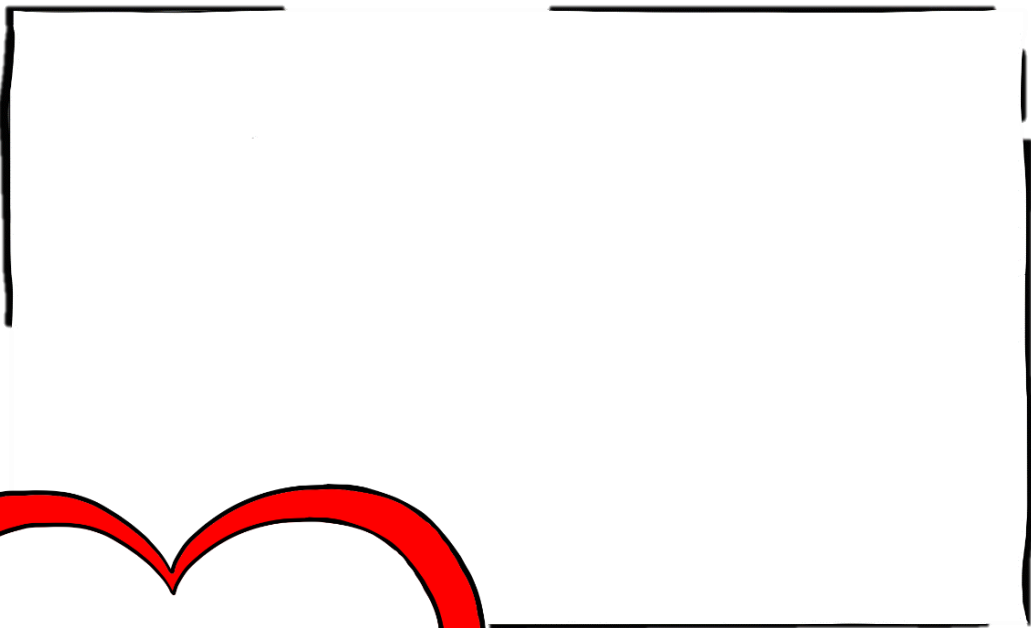


Mind

Heart

Voice

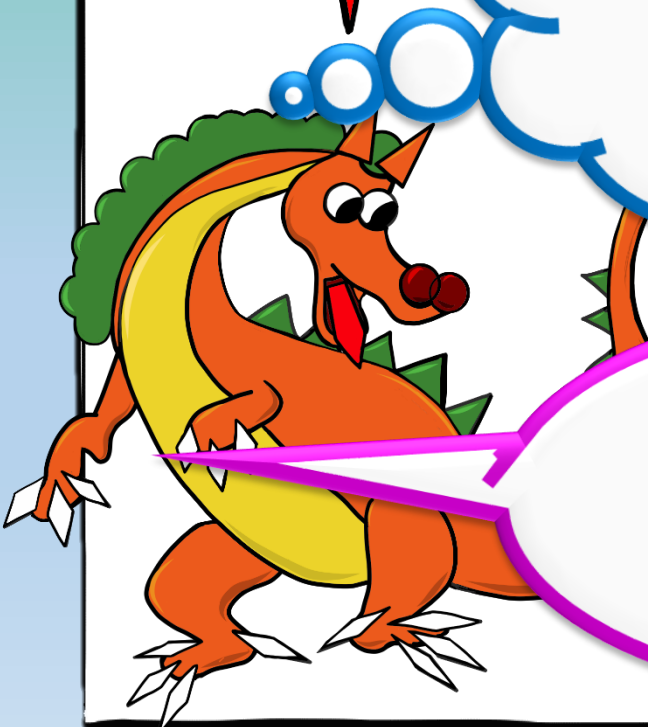
Scene



Heart



Mind

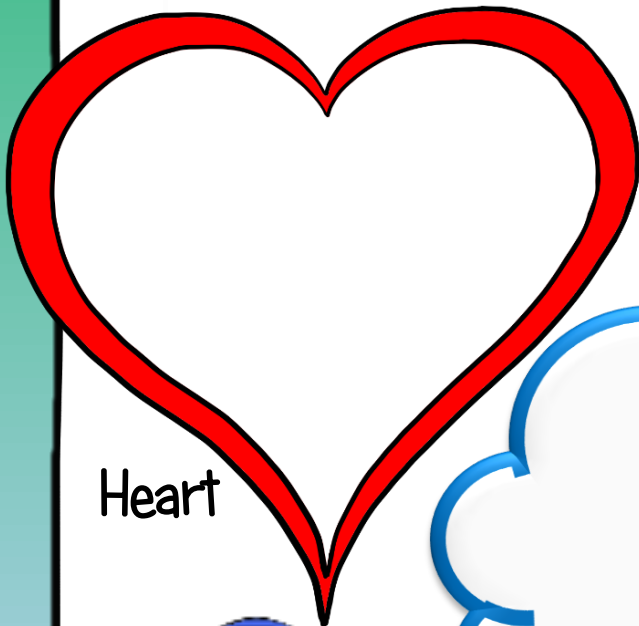


Voice



Scene

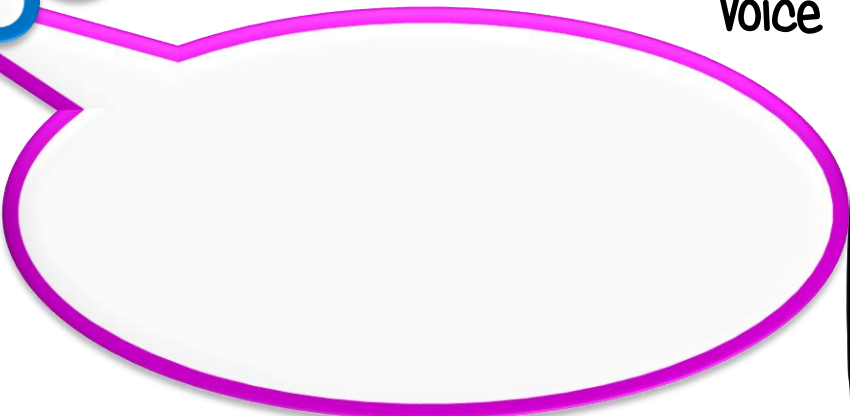
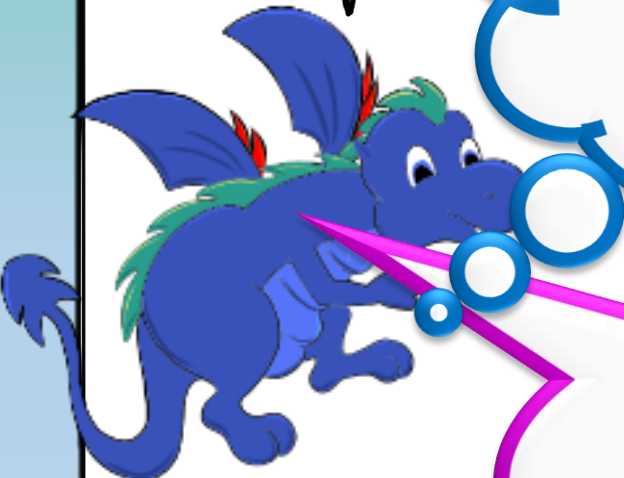
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Heart



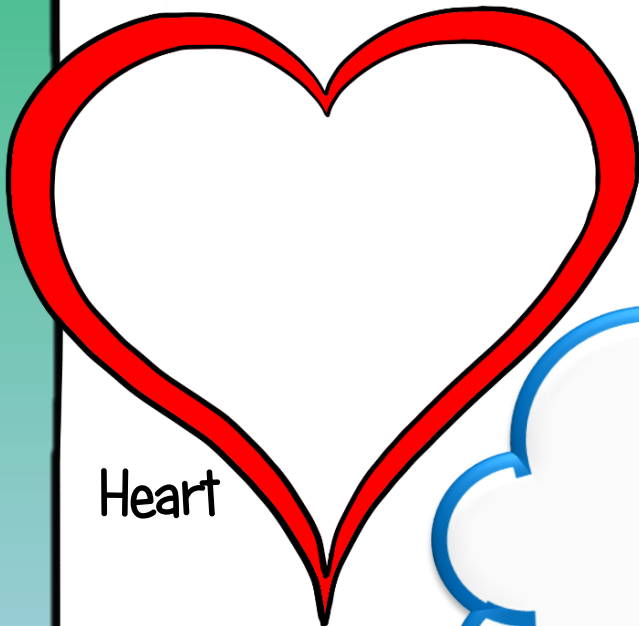
Mind



Voice

Scene

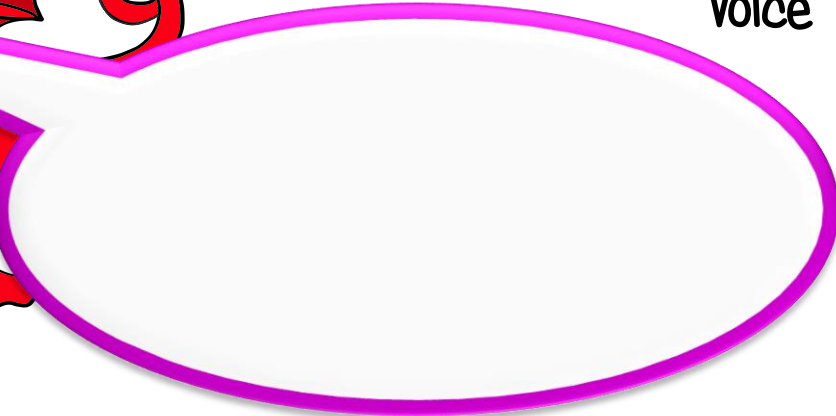
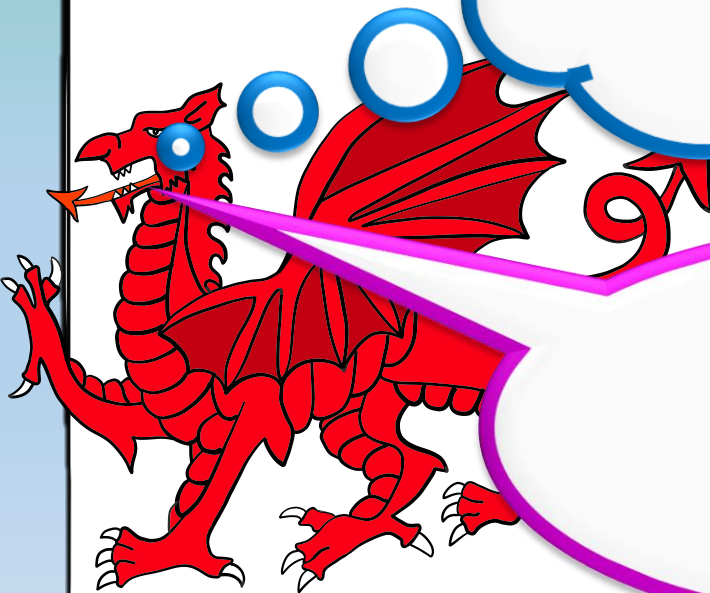
Blank rectangular area for drawing or writing.



Heart



Mind



Voice

Scene

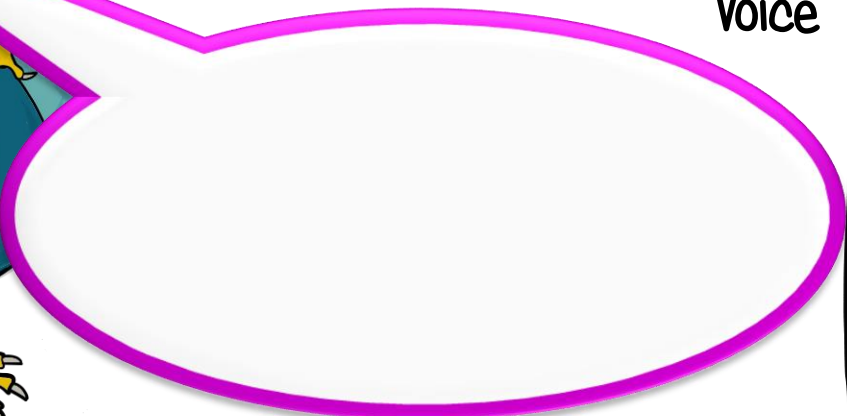
Blank rectangular area for drawing the scene.



Heart

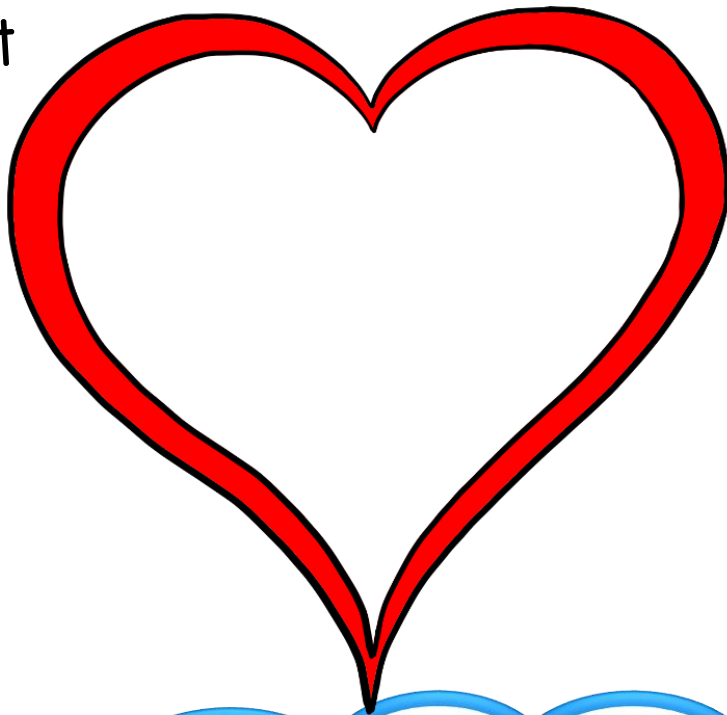


Mind



Voice

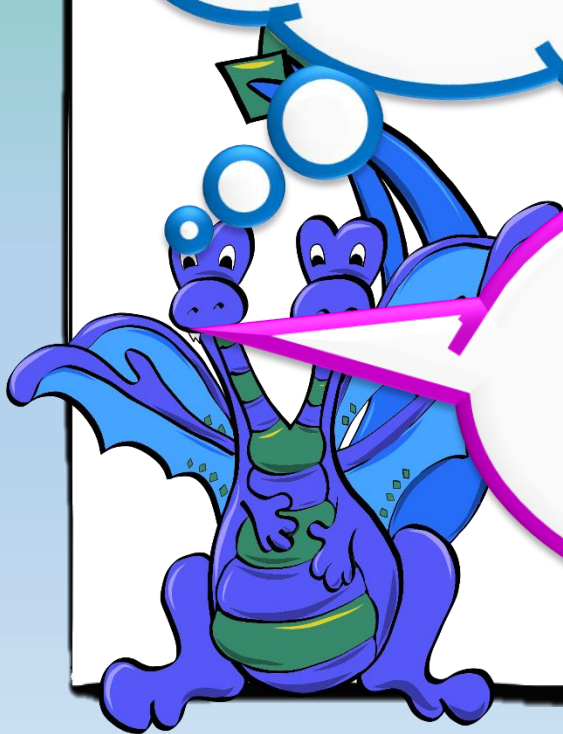
Heart



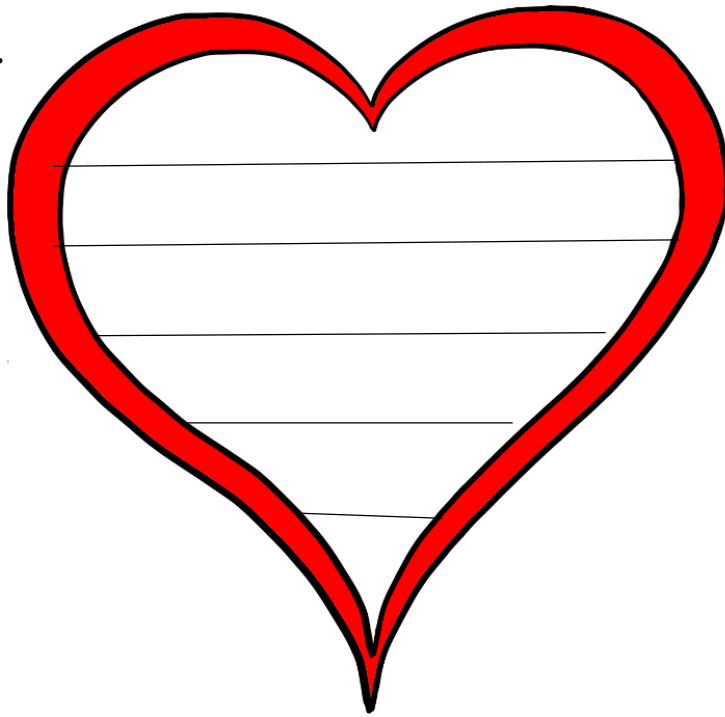
Mind



Voice



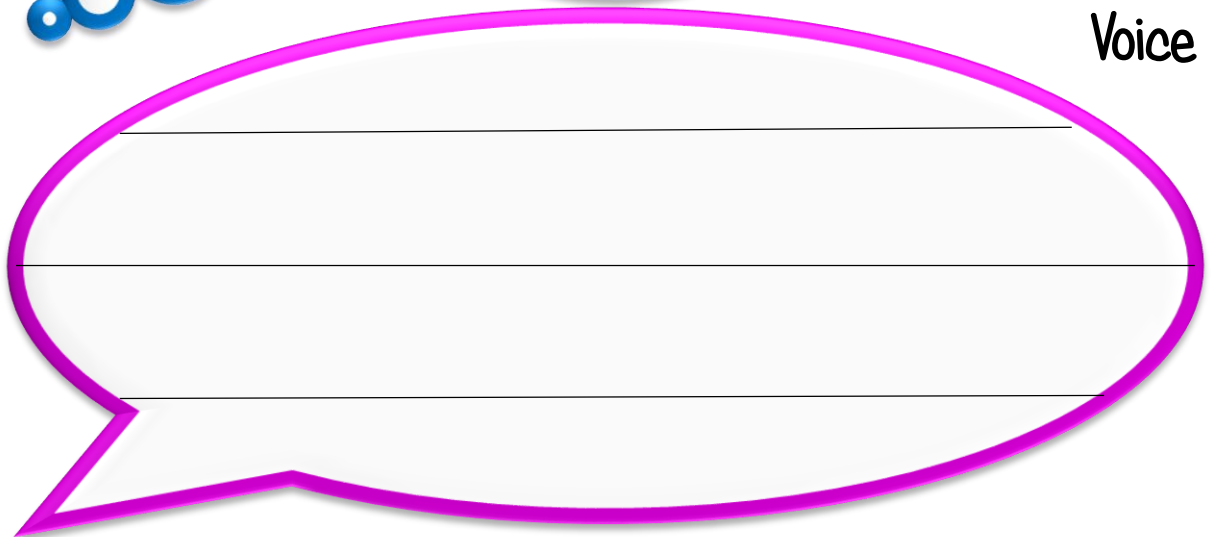
Heart



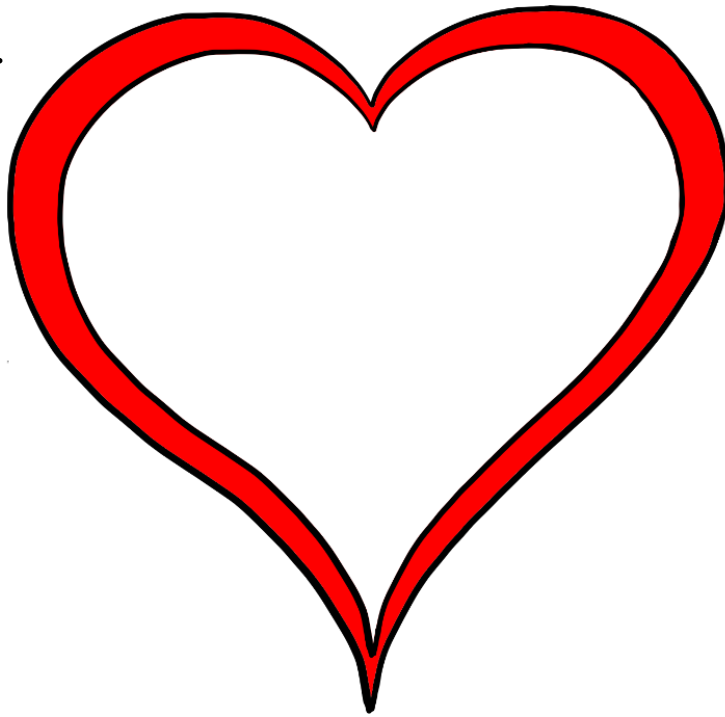
Mind



Voice



Heart



Mind



Voice

